

February 2012

- Untitled
- Untitled 2
- ANTIBES 11 impasse Aubernon, ANTIBES
- MONACO 40 Avenue Princesse Grace, MONACO
- NICE 4 Rue Massena, NICE (1er etage)
- Untitled 3

January 2012							February 2012							March 2012							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7				1	2	3	4						1	2	3
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	
29	30	31					26	27	28	29				25	26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 <ul style="list-style-type: none"> ■ 10:30 AM Hatha Yoga – for all levels...energize and relax ■ 4:30 PM Hatha Yoga in MONACO Monte Carlo Bay Hotel – 	30 <ul style="list-style-type: none"> ■ 10:00 AM Yoga in ANTIBES ■ 7:00 PM Yoga in ANTIBES 	31	1	2 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 7:00 PM Iyengar Inspired Yoga in ANTIBES 	3 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Hatha Yoga 	4
5 <ul style="list-style-type: none"> ■ 10:30 AM Hatha Yoga – for all levels...energize and relax ■ 4:30 PM Hatha Yoga in Monaco – Monte Carlo Bay Hotel 	6 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired – Yoga in ANTIBES ■ 7:00 PM Iyengar Inspired Yoga in ANTIBES 	7 <ul style="list-style-type: none"> ■ 6:00 PM Vinyasa Yoga ■ 7:30 PM Vinyasa Yoga 	8	9 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Vinyasa Yoga 	10 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Hatha Yoga 	11
12 <ul style="list-style-type: none"> ■ 10:30 AM Hatha Yoga – for all levels...energize and relax ■ 4:30 PM Hatha Yoga in Monaco – Monte Carlo Bay Hotel 	13 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired – Yoga in ANTIBES ■ 6:00 PM Vinyasa Yoga 	14 <ul style="list-style-type: none"> ■ 6:00 PM Vinyasa Yoga ■ 7:30 PM Vinyasa Yoga 	15	16 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Vinyasa Yoga 	17 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Hatha Yoga 	18 <ul style="list-style-type: none"> ■ 5:00 PM Yoga Nidra in ANTIBES
19 <ul style="list-style-type: none"> ■ 10:30 AM Hatha Yoga – for all levels...energize and relax ■ 4:30 PM Hatha Yoga in Monaco – Monte Carlo Bay Hotel 	20 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired – Yoga in ANTIBES ■ 6:00 PM Monday evening Meditation in ANTIBES ■ 7:00 PM Iyengar Inspired Yoga in ANTIBES 	21 <ul style="list-style-type: none"> ■ 6:00 PM Vinyasa Yoga ■ 7:30 PM Vinyasa Yoga 	22	23 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Vinyasa Yoga 	24 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired Yoga in ANTIBES ■ 6:00 PM Hatha Yoga 	25 <ul style="list-style-type: none"> ■ 4:00 PM Mantra and Mudra workshop ANTIBES
26 <ul style="list-style-type: none"> ■ 10:30 AM Hatha Yoga – for all levels...energize and relax ■ 4:30 PM Hatha Yoga in Monaco – Monte Carlo Bay Hotel 	27 <ul style="list-style-type: none"> ■ 10:00 AM Iyengar Inspired – Yoga in ANTIBES ■ 6:00 PM Monday evening Meditation in ANTIBES ■ 7:00 PM Iyengar Inspired Yoga in ANTIBES 	28 <ul style="list-style-type: none"> ■ 7:00 PM Yoga Nidra in ANTIBES 	29	1	2 <ul style="list-style-type: none"> ■ 6:00 PM Hatha Yoga 	3